



**ANNUAL REPORT 2019**  
**UPMAN MAHILA SANSTHAN**

**ORGANISATION AT A GLANCE**

General Information	
Name of Organization	UPMAN Mahila Sansthan
Communication Address	97/1, Behind Elite Cinema, Civil Lines Jhansi
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E-Mail	upman@96@gmail.com
Name of Contact Person	Dr.Mamta Jain Secretary, UPMAN Mahila Sansthan
Contact No.	+91-8840367574
Registration Number	388/1996,Date: 09 <sup>th</sup> September 1996
FCRA	136520025 Dated 02 May 2002, Renewed on 24/05/2016
12 AA	CIT-II/Agra/Technical/12AA/2006-0/09 Dated 13/07/2006
80G	CIT-II/Agra/Technical/80G/2009-10/193/75 Dated 26/03/2010
PAN No.	AAATV4786E
Registered with NGO DARPAN (NITI Aayog, Government of India)	Unique Id No.UP/2009/0008606

**Core Values:**

- Honesty and integrity
- Delivering high quality results in a manner accountable to stakeholders
- Committed to extending support to the weaker sections of society in accessing their rights and ensuring participation in local development processes.
- Co-creation of sustainable and scalable solutions

**Vision:**

To establish an equitable society through innovative and integrated approach of the empowerment of underprivileged especially women.

**Mission:**

To work for the socio-economic development of the underprivileged by focusing on various aspects such as education, health, improved agriculture, income generation, panchayat raj, legal literacy, gender balance, cleanliness, Health and sanitation and conservation of water, soil and environment, and climate change.

**Key Thematic Areas**

- Natural Resource Management
- Strengthening Peoples Institutions
- Livelihood and Entrepreneurship Development

**Approach:** Partnership, Implementation and influence to create large scale impact

**Members of the Governing Body**

Sr. No.	Name	Father / Husband Name	Address	Position
1	Smt.SudhaKhare	Sri. Virendra Kumar Khare	Village & Post- Vasoba, District: Jalaun (Uttar Pradesh)	President
2	Dr.BabitaJigyashu	Sri.Prem Chandra	01, Vajpayee Muhalla, Mauranipur, Jhansi,Uttar Pradesh	Vice-President
3	Dr.Mamta Jain	Sri.Sudhir Kumar Jain	97/1, Behind Elite Cinema, Civil Lines Jhansi, Uttar Pradesh	Secretary
4	Sri.Durga Prasad	Sri.Chakkilal	DameleChouk, Mauranipur, Jhansi, Uttar Pradesh	Co-Secretary
5	Smt. Bharti Gahlout	Sri.Ashish	Mission Compound, Jhansi, Uttar Pradesh	Treasurers
6	Smt.RajmaniRaje	Sri.Arvind Singh	Brahm Nagar Lahar Gird, SipriBajar, Jhansi, Uttar Pradesh	Member
7	Sri.Rajnish Jain	Sri.Suresh Jain	11A,Goldan Park Petrol Pump, Meghpar, Kutch,Gujrat	Member
8	Sri.Raghvendra Singh	Sir.Sadhu Singh	Bundela Colony, Datia, Madhya Pradesh	Member
9	Sri.Jagdish Narayan Sharma	Sri.Gyashilal Sharma	Sri Rampura, Lakhana, Jaipur,Rajasathan	Member
10	Ms.BrtishtiBanarjee	Sri. Sameer Banarjee	56, Narsingh Avenu,SouthDamdam, North Pargana, West Bangal	Member
11	Smt.Dipti Jain	Sri.ChipKumarJain	T-24,Sai Ankur Sudarna Road, Ram Vihar Kranti Colony, Sai Nagar, Amravati, Maharashtra	Member
12	Sri.SandeepPauranik	Sri.P.N.Pauranik	Near Mariyam Mastas School, Chatarpur, Madhya Pradesh	Member
13	Ms. Pooja Tiwari	Sri.Ramji Tiwari	Bagbahra Kalan, Bagbahara, Mahasamund, Chhattisgarh	Member
14	Ms.Karthika	Sri. Vasant Paul	46 A, Gautam Nagar, New Delhi	Member

## Impact Created



- 10 Millionlitre of water conserved.
- 2 tons of top soil saved.
- Irrigation potential created for 50 ha of land
- 8065 ha of land covered under the sustainable land and water management practices.
- 235 ha of land rejuvenated.
- 1000+ Farmers accounts income enhancement by 20 %.

- More than 1000 community members institutionalised through formation of new institutions.
- 1675 community members capacitated on different issues.
- 912 community members accessed rights and entitlements of INR 45.60 L.
- 1013 farmers received agriculture related services through farmers producer organisation
- 135 change agents created.

- 932 Individuals capacitated through training, exposure etc.
- 113 micro enterprises supported, influenced the turnover of 40.68 lakhs.
- 363 community members started income generation activities.
- FPO business turn over 180.5 lakhs.





## Natural Resource Management

Demonstrate and develop climate resilient models for sustainable management of natural resources i.e. land and water and secure livelihoods in Bundelkhand region of Uttar Pradesh and Madhya Pradesh.

- 05 water harvesting structures created.
- 3200 running meter irrigation channel/nala trimming.
- 53000 running meter field bund.
- 220 acre of land covered under climate resilient agriculture practice.
- 01 community managed soil testing lab established.
- 2232 farmers trained on sustainable agriculture practices through ----- training and exposure visits and field demonstration, 2579 hectares of land sustainably managed.
- 1032 Farmers adopted improved agriculture practices, average 10% incense in crop production.

Our objective is to protect the depleted natural resources, improve their quality and promote resource efficient practices in their effective utilization through appropriate technologies and practices. The aim of the natural resource programme is to increase the livelihood of rural communities- dependent on natural resources. UPMAN, therefore, developed models around community led land and water management practices, sustainable agriculture, and participatory conservation of natural ecosystems.

UPMAN Mahila Sansthan continued to

expand its land and water management initiatives, bringing another 1050 hectares of land under integrated watershed management and 2232 farmers were trained on different NRM practices. Through outreach programme 1247 farmers were reached and informed on NRM best practices and adaptation methods. In response to the drought situation in region (Bundelkhand) UPMAN Mahila Sansthan is continuously trying to build the local capacities through dialogue, ensuring their participation in planning, implementation & establishing low-cost models and technologies. Apart from that, organization also constructed Haveli (in Lalitpur district of Uttar Pradesh) with technical partnership of ICRISAT.

Ramniwas (53 years old) lives in Prithvipur Nayakheda village with his parents and family members. He owns 3 acre of land, engaged in agriculture activities around the year for survival but it's not easy for the farmers like him. He narrated that, the adverse effects of climate change –drought, lack of water availability for irrigation, extreme weather events and less technological interface increase the vulnerability of farmers especially small and marginal in multi folds.

In 2018, village selected for the implementation of integrated watershed management programme by the UPMAN Mahila Sansthan. A detailed net planning exercise carried out, series of soil and water conservation structures established to reduce water run-off and soil erosion.

Ramniwas further enumerated that the check-dam constructed on khasra number 334, significantly helped nearby 20 farmers in meeting out irrigation requirement in critical period, resulted in increased production of rabi crops (approx.30%, as compared to previous years). He further narrated;the water table in nearby dug-well (20) also improved that encouraged farmerto grow vegetable and other crops.

Today's Ramniwas2 acre of land converted into the productive land that gives additional income of approx. INR 15000 in a year. He also adopted improved agriculture practices such as line sowing, agri-horticulture etc. The additional income allowed him to fulfil the need of family members and build economic resilience in future.



Farm bund is simply retaining walls along the boundary of agriculture field. The advantage of field bunding is to contain rainwater in the field itself, which helps in retaining soil moisture for longer time, reducing soil erosion and protecting fertile soil. The intervention made by the UPMAN Mahila Sansthan through execution of integrated watershed management in Prithvipur Nayakheda village of Babina block of Jhansi district.

One of the many farmers, Man Singh of Prithvipur Nayakheda adopted the field bunding technique in 2019.

Educated to 3<sup>rd</sup> grade, he has 6 acres of land, and an income of about INR 96000 annually. After trying out of this method on his farm, Man Singh Said, "Farm bunding of 412 meters has saved the entire soil of my field and enhanced the production of rabi and kharif crops. Due to this Man Singh gained additional income of INR 48000, that help him to entertain the small demand of the family members.

Man Singh further narrated that, farm bunding is low-cost intervention and very useful for the region like Bundelkhand. That's helps in holding water in the field and improves the soil moisture, increased crop yield and improve soil moisture.



### Climate Resilient Agriculture Practices

Bundelkhand region is highly vulnerable to the climate change. Maintaining and improving agriculture productivity is a major challenge faced by the farmers especially small and marginal in the region. For this cause, UPMAN Mahila Sansthan is closely working with farmers especially small and marginal, building their capacities through training, exposure and demonstration of appropriate technology. To bridge the knowledge gap, interaction between farmers and experts were also organised on regular basis.

More than Farmers were trained on different climate resilient agriculture practices such as adoption of drought tolerant varieties, line sowing, inter-cropping, fodder management, integrated farming system, vegetable production etc. Besides this, practices related to promoting soil organic carbon such as crop rotation, vermi compost etc. Introduced and selected farmers were linked with agro-advisory system. 05 models demonstrated on more than 500 farmers field. For wider adoption and replication of demonstrated practices farmers field school was also organised. More than 1000 farmers directly benefited through interventions and average 20% farm productivity enhanced. To encourage the use of machines and technology in the farming practices a village level farm implementation bank was also established and farmers were motivated to make use of such services.

Bhagwati, 35 years old farmer, Pura Khurd, Lalitpur district of Uttar Pradesh. Under the doubling farming initiatives, he attended the training programmes related to farm productivity. During the trainings he recognizes the benefits of fodder cultivation and demonstrates the same on his farm (15 decimal).

Bhagwati said; besides the training he also received seed (Napier-3 Kg). He also said that, availability of green fodder contributed in improving the health as well as milking capacity of cows -2 (from 2 kg-2.5 kg per day) and buffalos-2 (from 3 kg-3.5 kg) and also contributed in improving the financial situation of family.



Brijnandan Vishwakarma, resident of village Pura Khurd, Talbehat, Lalitpur district of Uttar Pradesh. He lives with his family. Under the doubling farming income initiatives he attended the different training programme and realised the benefits of vegetable farming.

This decision changed his life. He not only received training and inputs, he also received technical support and seeds of different vegetables. He performed vegetable production on 50 decimal of land, earn additional money of INR. 15,000/-.

He also started using vermin compost in his field that also helped in improving soil health and water retention capacity with the soil.

**Community Managed Soil Testing Unit:** To build awareness among the farming community on soil health, a community led soil testing lab was established by the organisation in Prithvipur Nayakheda village of Babina block of Jhansi district. Local youths were also trained on collection of soil sample, testing and its analysis.

Mahendra Singh Rajpoot, 35 years old, resident of Prithvipur Nayakheda village of Jhansi district. He is a cultivator, observed that farmers are facing problems due to the lack of knowledge, soil loss due to excess use of chemical fertilisers and lack of knowledge and he decided to work for farmers and he started creating awareness about soil testing and balanced use of fertiliser.

With this line of thoughts Man Singh approached Jalagam Vikas Samiti, Prithvipur Nayakheda as well as UPMAN Mahila Sansthan shared his thoughts of setting up soil testing lab at village level. After the initial hesitation both the institutions (JVC and UPMAN Mahila Sansthan) give their consent. Under the guidance of experts Man Singh, imparted 3 day technical training on soil testing at W.S. Telematics Pvt.Ltd. New Delhi and with the financial assistance of INR. 98000/- from Jalagam Vikas Samiti (under the Watershed

Development programme- support by NABARD) established a mini soil testing lab at village level. Apart from that, Man Singh also attended different training programme organised by jalagamvikas samiti.

With this improved set of skills and knowledge he started creating awareness among the farmers on benefits of soil testing among. As per the Man Singh, approx 200 farmers from Prithvipur and nearby villages benefited through services and got appropriate solution.

**Custom Hiring Centre:** An innovative institutional mechanism established at the village level for management of custom hiring centre for farm machinery, managed by Jalagam Vikas Samiti, Prithvipur Nayakheda. The custom hiring centre offers farm equipment and machinery such as seed drill, spray machine, thresher on rental basis to the farmers who cannot afford to purchase high end agriculture machineries and equipments. The jalagamvikas samiti fixes the charges for hiring for different implements. Farmers' contributory share deposited in the bank account and the revenue and expenditure details shared with the committee members on periodically. Initiatives is supported by NABARD (Watershed Development Fund)





# Strengthening Community Based Institutions



Strengthening community-based organisations and collective to create awareness, disseminate knowledge, replicate best practices and foster people's participation especially women and marginalised community in local development processes.

- More than 1000 community members institutionalised through formation of new institutions.
- 1675 community members capacitated on different issues.
- 912 community members accessed rights and entitlements of INR 45.60 L.
- 1013 farmers received agriculture related services through farmers producer organisation
- 135 change agents created.

## Formation and Nurturing of Community Institutions

UPMAN Mahila Sansthan builds and nurture partnership with community-based institutions i.e. - women self help groups, farmers club, village watershed committee etc. to access and leverage mainstream resources for village level development. In the year 2020-21 more than 1000 community members institutionalised through formation of women self help groups (15) farmers club (22), village watershed committee (03) and gram vikassangh (4). The members of these institutions were also capacitated on different aspects of institution development, local development planning (natural resource based), group functioning, leadership development etc. and actively participated in village development process.

The series of capacity building events conducted for community based institutions (SHG, Farmers Club, Watershed Committee, Gram Vikas Sangh etc.) and their apex institution (farmer's producer organisation). More than 570 women self help group members capacitated on group functioning, book keeping, financial literacy, leadership etc. as a result saving behaviour inculcated and self-confidence improved among the group members. Capacity building sessions also enabled them to interact with other and share their thoughts. 30 self help group members were also trained on stitching and tailoring..

Laxmi Devi, 45 years old resides in Prithvipur Nayakheda village of Jhansi district along with her family. Her husband is a daily wage earner but his income is not sufficient to meet the family requirements. To help her husband in their day to day struggle she also joins hands and started working as a daily wage earner.



One day Laxmi heard about the watershed development programme from the neighbours, interacted with team and participated in awareness session. In the awareness session, she also learned about the self-help group and joined upkarself help group as a member. She attended different training programmes related to function of SHG, book keeping, leadership etc. Besides this, she also attended orientation session on financial literacy. These structured inputs enhanced her confidence, instilled saving behaviours and encouraged her to interact with others.

Laxmi's family was further challenged during the lockdown – due to covid -19. She discussed these issues with the group members and decided to take a loan of INR 5000/- from the group. With this fund she purchased a sewing machine, started stitching old cloths and also apparels such as petticoat, blouse, frock etc. This emerged as a feasible economic choice and has created a sense of hope.

Presently, Laxmi earns approximately INR 1000-1500 per month. She takes pride in supporting her family in meeting household expenses. She also started repaying loans in monthly instalment and encouraging others to join self help groups.

The members of women self help groups and village watershed committee of Prithvipur Nayakheda of Babina block of Jhansi district jointly visited the panchayat, participated in meeting and raised health and hygiene related issues existing in the village. In the meeting, community members also draw the attention of PRIs members on open defecation.

In the meeting, proposal for the construction of community toilet were discussed and approved by panchayat. After the due approval, a community toilet constructed in the village under the swachhbharatabhiyan. The self-help group and watershed committee members feeling proud on their initiatives. Toilet construction also helped in reducing the health-related incidences in the village especially women and adolescent girls.

More than 550 farmer club members were also trained on institutional aspects of farmers club, climate resilient agriculture practices, and soil and water conservation practices. A series of interaction session with local agriculture experts were organised to make them aware about the modern agriculture practices suitable for semi arid region like Bundelkhand. The farmer's group members (150) were also encouraged the visit the institutions like Kanoj, vegetable excellence centre, Jabalpur University, Banda Agriculture University, interact with experts and see the different model. Apart from that, farmers group members were also oriented on different government schemes and program and more than 900 farmers accessed the benefits through convergence.

Atmaram, 65 years old farmer resides in Badora village of Babina block of Jhansi district with family. He is a cultivator, observed that the lack of knowledge is the major problem and he decided to join farmers club. Atmaram attended the different training sessions, build understanding on improved agriculture practices.



During the sessions he also heard about the KUSUM scheme, implemented by the government of Uttar Pradesh. He visited the department, collected scheme related information and complete online application process along with the beneficiary contribution of INR. 38,882 for 3 HP pump. After few months he got solar irrigation pump. With the help of this pump he irrigates 5 acres land with almost no cost. The on time availability of water for irrigation also improved the quality of grains.

Badora village 48 km away from Babina block in Jhansi, where NABARD supported watershed programme is being implemented by UPMAN Mahila Sansthan. Under the initiative 'Jalgam Vikas Samiti, Badora formed and strengthened for effective planning and smooth implementation of integrated watershed development programme in the village.

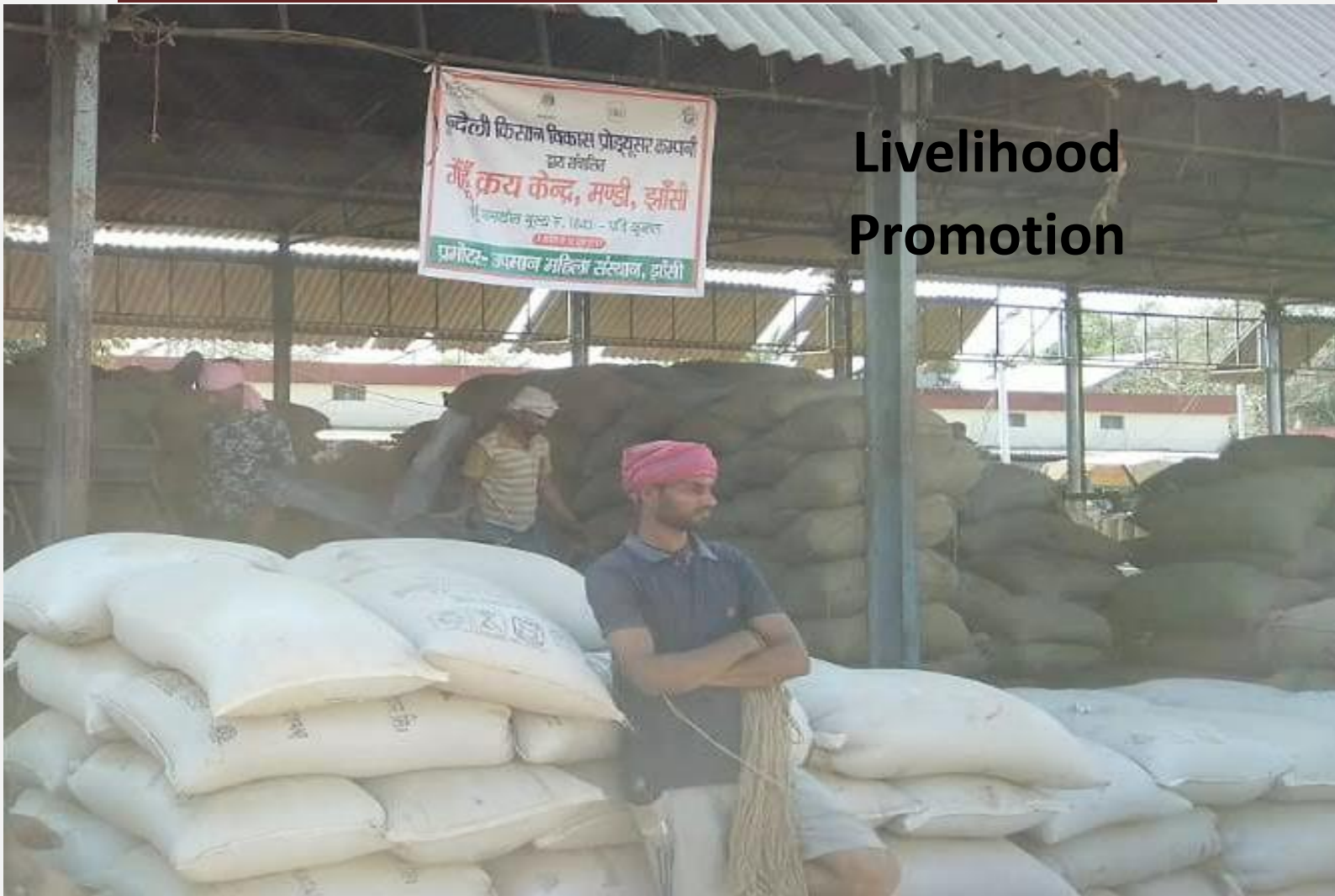
VWC functions to maintain progress of work. It selects the beneficiaries and site for construction of soil and water conservation structures through democratic process during monthly meeting. Together VWC and UPMAN have constructed 05 water conservation structures and fulfilled irrigation facilities for 100 acre of land belongs to 52 different farmers. Further VWC performed farm bunding of more than 43000 RM, Nala trimming of 1300 RM along with pit digging and pond digging.

Mr. Atmaram Rajpoot, President of Jalagam Samiti highlighted that they received series of capacity building sessions on soil and water conservation, functioning of watershed committee, improved agriculture practices etc. and also interacted with experts. These structured inputs capacitated VWC members to come together and discuss on village development issues. Now committee members participated in monthly meetings shared their thoughts and take the decision collectively.

UPMAN Mahila Sansthan is closely working with different government departments and institutions to assist in project implementation, provided capacity building inputs and expert advice on different matters. The organisation is also closely working with panchayati raj institutions, building their capacities and provides handholding support in village planning. In this year more than 150 panchayat representatives oriented on their roles and responsibilities and other related issues.



## Livelihood Promotion



To promote the entrepreneurial ambitions of rural youth, women, farmer, UPMAN Mahila Sansthan provides capacity building support to small and micro entrepreneurs and linkage (financial and technical) processes. In the year 2020-21, more than 100 micro enterprises were set-up and 360 income generation activities initiated through convergence and linkage. 932 individuals were also capacitated on business management practices through training, exposure and interaction with experts.

- **932 Individuals capacitated through training, exposure etc.**
- **113 micro enterprises supported, influenced the turnover of 40.68 lakhs.**
- **363 community members started income generation activities.**
- **FPO business turn over 180.5 lakhs.**
- **Average monthly income of INR 1500-2500 enhanced of 476 families.**

Jashwanti Rajpoot, 40 year old lady resides in Prithvipur Nayakheda village of Babina block of Jhansi district. Her husband owns 2 acres of land, toils hard to fulfil the requirement of family members. She also works as a daily wage earner to support her husband in his struggle.

In the year 2020, she heard about the watershed intervention, discussed it with her husband and join the training programme. In the training she also received the vegetable seed for demonstration of kitchen garden on half acre of land.

Jashwanti highlighted that training programme not only met the nutritional requirement of the family but also build her capacity, improved her self- confidence and empowered me to lead the process as a change agent. Vegetable production through adoption of kitchen garden of kitchen garden also gives the additional income of INR. 1500 per month. With this additional income she started support her family in fulfilling family requirements.



Under the ambit of livelihood promotion, the UPMAN Mahila Sansthan nurtured varieties of on farm and off farm enterprises and build their capacities on different aspects of entrepreneurship development. Besides this, the organisation also promoted varieties of income generation activities such as goatary, vegetable production, backyard poultry etc. to improve the economic well being of rural community. These initiatives contributed in building economic resilience of targeted families through enhancing their additional income (with the average of 1000-4000 per household per month).

Bundeli Kisan Vikas Producer Co. Ltd (BKVPCL) is a community- owned company with a vision to create conservation through enterprise. It works towards this goal by actively promoting its core activities – such as demonstration of improved agriculture practices; promote seed production, distribution of fertiliser among primary producers and processing of agri products in selected villages of Jhansi district of Uttar Pradesh. BKVPCL works closely with 1015 producers, including 305 shareholders who're involved in some of these activities spread over 52 villages of two blocks. BKVPCL registered under the company act with registration number of U01403UP2015PTC074766.

BKVPCL's pioneering efforts to mobilise and build capacities of primary producers and office bearers to actively move up the value chain and also enabled the company to post a turnover of INR.1.85 crore in 2019-20. Because of these -1015 primary producers -mostly small and marginal farmers – now get better prices for their produce, aided by innovative steps like sorting and grading of crops, storage and setting up Kanta- bulk purchase point at mandi.

Board of Directors – 14  
Primary Members – 1015 Farmers  
Shareholders -305 Farmers  
PAN Number – AAGCB5409H  
Financial Turn Over (2019-20) – 1.85 Crore

The company has created strong network with different government department and service providers to leverage the financial resource and marketing opportunities. The company proactively engaged in building capacities of their primary stakeholders on improved agriculture practices, demonstration of drought resilient varieties with technical assistance with research and financial institutions such as NABARD, ICRISAT etc. The company is also promoted village level farmers groups in their locale, building their capacities through training and exposure.

Satwant Singh (40 years) residing with his family in Prithvipur Nayakheda village of Babina block of Jhansi district. He owns 3 acres of land and toils hard to meet the both end requirements of the family members.

Satwant attended different training and capacity building sessions, during the training he also learned about the livelihood interventions, discussed it with family members. After the discussion with the family members, he approached the UPMAN Mahila Sansthan and shared his thoughts about the setting up "Tent House" as a livelihood activity and got the approval. He also attended two days enterprise development training programme, learned business management practices. Shatwant also received financial assistance of INR 98000/- under the NABARD supported Watershed Development Programme.

Satwant highlighted with this livelihood activities (tent house) he earned additional amount of approx. INR 80,000 /- in a year. The additional income allowed him to attend the requirement of family members.

Vocational training programme on stitching and tailoring were also organised for women and girls (30) and sewing machine were also distributed amongst them to initiate the stitching and tailoring work as a means of livelihood.







## Response to Global Pandemic – COVID -19

**Awareness Generation** - During the pandemic, UPMAN Mahila Sansthan intensively engaged in creating awareness among the rural and urban community. Awareness session focused on adoption of safe and hygienic practices and preventive measures of COVID-19 through street play, small meetings etc.

The awareness drive conducted across the 22 villages Babina block of Jhansi district and more than 5000 community members made aware on different aspects of precautionary measures of COVID-19. The village level community institutions such as farmers club, village watershed committee were also proactively engaged in creating awareness among the community. In the awareness meetings face mask and sanitiser were also distributed.



During the awareness session community members were also made aware about the Arogya Setu application, its benefits and installation processes.

**Ration Distribution** – During the countrywide lock down, volunteers of UPMAN Mahila Kalyan Sansthan reached out more than 500 households of rural and semi urban local of Jhansi districts and provided ration kits along with other necessary materials such as face mask, sanitiser etc. .



**Distribution of cloths and other materials** :UPMAN Mahila Sansthan organized drive in urban location of Jhansi district and collects old cloths, kitchen utensils and other materials and distributed among needy families.



UPMAN In News



**खाद्य प्रसंस्करण एवं ऑर्गेनिक खेती पर एक दिवसीय कार्यशाला संपन्न**

झाँसी। बुंदेलखंड विश्वविद्यालय के खाद्य प्रौद्योगिकी संस्थान एवं उपमान स्वयं सहायता समूह के संयुक्त तत्वावधान में झाँसी के बबीना ब्लाक के बडोरा गांव में एक दिवसीय खाद्य प्रसंस्करण से संबंधित एक कार्यशाला का आयोजन किया गया। इस शिविर में बडोरा गांव के लगभग 80 किसानों महिला एवं पुरुष के द्वारा प्रतिभाग किया गया। उपरोक्त प्रशिक्षण में बुंदेलखंड विश्वविद्यालय के खाद्य प्रौद्योगिकी संस्थान के विभागाध्यक्ष डॉ डीके भट्ट द्वारा ग्रामीण किसानों को विज्ञान एवं प्रौद्योगिकी विभाग, नई दिल्ली के द्वारा दिए गए प्रोजेक्ट के अंतर्गत विभिन्न प्रकार के खाद्य पदार्थों के बारे में जानकारी दी गई।

उन्होंने बताया कि किस प्रकार उनके क्षेत्र में होने वाले उत्पादों को विभिन्न खाद्य पदार्थों में परिवर्तित कर एक छोटा उद्योग लगाकर स्वयं की आजीविका प्रारंभ कर सकते हैं। वर्तमान परिपेक्ष में ऑर्गेनिक खेती कर कैसे अच्छी गुणवत्ता के खाद्य पदार्थों का उत्पादन कर सकते



हैं। विभिन्न प्रकार के उत्पादों को जो छोटे स्तर पर बनाये जा सकते हैं एवं उनको आसपास की बाजारों में बेचा जा सकता है। ऐसे उत्पादों के बारे में बताया गया जिनसे वह अपना एक छोटा उद्योग प्रारंभ कर सकें। खाद्य प्रौद्योगिकी संस्थान में उपलब्ध सुविधाओं के बारे में भी बताया गया एवं किसानों को संस्थान में आकर शिक्षण की आवश्यकता महसूस होने पर प्रशिक्षण कार्यक्रम आयोजित करने पर भी वार्ता की गई। स्वयं सहायता समूह की अध्यक्ष श्रीमती ममता जैन द्वारा स्वयं सहायता समूह बनाकर

उत्पादों को बनाने एवं स्थानीय बाजार में बेचने की योजना पर अपने स्वयंसेवी संस्था के माध्यम से मदद दिलाने का भरोसा दिलवाया एवं गांव के किसानों को एक साथ मिलकर स्थानीय स्तर पर खाद्य पदार्थ बनाने के लिए प्रेरित किया।

कार्यशाला में प्रशिक्षक आशीष जाटव द्वारा विभिन्न खाद्य पदार्थों को बनाने की विधियों के बारे में विस्तार से बताया गया। डॉ प्रज्ञा चौहान द्वारा विभिन्न प्रकार के पेय पदार्थों को बनाकर दिखाया गया एवं वहां पर उपस्थित किसानों एवं महिलाओं को पेय पदार्थ बनाने की विधि सिखाने के साथ-साथ विभिन्न खाद्य पदार्थों में मिलाए जाने वाले अन्य पदार्थों का परीक्षण करने के तरीके भी बताए। अनुष्का द्विवेदी ने उचित भोजन करने एवं भोजन करने की विधियों एवं आसपास के क्षेत्र में उपलब्ध खाद्य पदार्थों के सेवन की विधियों को बताया। कार्यक्रम में लगभग 80 किसानों ने भाग लिया।

**छोटा उद्यम लगा शुरू कर सकते आजीविका**  
झाँसी। बीयू के खाद्य प्रौद्योगिकी संस्थान और उपमान स्वयं सहायता समूह की ओर से बडोरा गांव में खाद्य प्रसंस्करण से संबंधित कार्यशाला हुई। इसमें विभागाध्यक्ष डॉ. डीके भट्ट ने ग्रामीण, किसानों को खाद्य पदार्थों की जानकारी दी। उन्होंने बताया कि किस प्रकार उत्पादों को खाद्य पदार्थों में परिवर्तित कर एक छोटा उद्यम लगाकर स्वयं की आजीविका प्रारंभ कर सकते हैं। स्वयं सहायता समूह की अध्यक्ष ममता जैन ने समूह बनाकर उत्पादों को बनाने एवं बाजार में बेचने की योजना पर संस्था के माध्यम से मदद दिलाने का भरोसा दिया। प्रशिक्षक आशीष जाटव, डॉ. प्रज्ञा चौहान ने भी कई जानकारियां दीं।

**खाद्य प्रसंस्करण एवं ऑर्गेनिक खेती पर की गई एक दिवसीय कार्यशाला**

झाँसी। बुंदेलखंड विश्वविद्यालय के खाद्य प्रौद्योगिकी संस्थान एवं उपमान स्वयं सहायता समूह के संयुक्त तत्वावधान में झाँसी के बबीना ब्लाक के बडोरा गांव में आज 13 फरवरी 2020 को एक दिवसीय खाद्य प्रसंस्करण से संबंधित एक कार्यशाला का आयोजन किया गया। इस शिविर में बडोरा गांव के लगभग 80 किसानों महिला एवं पुरुष के द्वारा प्रतिभाग किया गया। उपरोक्त प्रशिक्षण में बुंदेलखंड विश्वविद्यालय के खाद्य प्रौद्योगिकी संस्थान के विभागाध्यक्ष डॉ डीके भट्ट द्वारा ग्रामीण किसानों को विज्ञान एवं प्रौद्योगिकी विभाग, नई दिल्ली के द्वारा दिए गए प्रोजेक्ट के अंतर्गत विभिन्न प्रकार के खाद्य पदार्थों के बारे में जानकारी दी गई। उन्होंने बताया कि किस प्रकार उनके क्षेत्र में होने वाले

उत्पादों को विभिन्न खाद्य पदार्थों में परिवर्तित कर एक छोटा उद्यम लगाकर स्वयं की आजीविका प्रारंभ कर सकते हैं। वर्तमान परिपेक्ष में ऑर्गेनिक खेती कर कैसे अच्छी गुणवत्ता के खाद्य पदार्थों का उत्पादन कर सकते हैं।

विभिन्न प्रकार के उत्पादों को जो छोटे स्तर पर बनाये जा सकते हैं एवं उनको आसपास की बाजारों में बेचा जा सकता है। ऐसे उत्पादों के बारे में बताया गया जिनसे वह अपना एक छोटा उद्योग प्रारंभ कर सकें। खाद्य प्रौद्योगिकी संस्थान में उपलब्ध सुविधाओं के बारे में भी बताया गया एवं किसानों को संस्थान में आकर शिक्षण की आवश्यकता महसूस होने पर प्रशिक्षण कार्यक्रम आयोजित करने पर भी वार्ता की गई।



झाँसी : कार्यक्रम में उपस्थित अतिथि।

**जल संरक्षण के टिप्स दिए**

झाँसी : उपमान महिला संस्थान के तत्वावधान में जल जागरण अभियान के तहत कार्य शिविर का आयोजन ग्राम बधेरा में किया गया। इसमें ग्रामीणों को जल संरक्षण की नवीन तकनीकों से अवगत कराया गया। कार्यक्रम को संबोधित करते हुए मुख्य अतिथि बुंदेलखंड महाविद्यालय के प्राचार्य डॉ. बबूलाल तिवारी ने कहा कि किसान को मजबूत करने के लिए हर घर से एक व्यक्ति को स्थाई रोजगार देना होगा। विशिष्ट अतिथि ग्रासलेण्ड के वैज्ञानिक पुरुषोत्तम शर्मा ने हाथी

घास, लेमन घास के साथ ही अन्य फसलों के बारे में जानकारी दी। अमृत सिंह ने कहा कि पानी का संवय भी पैसे और अनाज की तरह ही करना होगा। अभित त्रिपाठी ने जल संरक्षण में युवाओं की भूमिका पर जोर दिया। उपमान महिला संस्थान की निदेशक डॉ. ममता जैन ने कहा कि मेड बन्धी, वृक्षारोपण, गोपालन आदि से पानी की बचत की जा सकती है। इससे पहले अमरदीप, दीपक राजपूत ने अतिथियों का स्वागत किया। अध्यक्षता कृषि विज्ञान संस्थान बुंदेलखंड विश्व विद्यालय के जीके बबेले ने की। ग्राम प्रधान सियारानी ने संबालन करते हुए पानी बचाने के छोटे, घरेलू, लेकिन उपयोगी सुझाव दिए।

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## Awards and Accomplishments



Watershed Development Project, Badora, Jhansi received 2<sup>nd</sup> Award for best implementation by NABARD, UP RO



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